

Habits! We all have them, so let's talk about them. Whether you've got good habits (like getting enough sleep or remembering to floss) or bad habits (like biting your nails or checking your phone too often), most of your habits are probably small, tiny, hardly noticeable habits. But over time, those tiny habits can really impact your life, for good or bad. So what about your spiritual habits? What are the small things you do every day that either draw you closer to God or keep you at a distance? In this 4-week series, we'll discover some principles from Scripture that have the power to help you develop tiny habits that can make a big impact — habits like **spending time with God, investing in your relationships, sharing your faith story,** and **worshiping with your life.**

THIS WEEK

THE BIG IDEA

Make it a habit to share your faith stories.

THE BIBLE

Mark 16:9-15; Psalm 27; Romans 1:16

- **What's the most embarrassing thing you've done when you weren't thinking?**
- **How do you think a new habit becomes a habit we don't have to think about anymore?**
- **Do you usually make it a habit to talk about God with other people? How often do you do it?**
- **Have you ever talked about your faith with someone who didn't share your beliefs? What was that like?**
- **How would you define "the gospel"? Why is it good news?**
- **Read Romans 1:16. Have you ever felt ashamed to talk about God with someone? Why or why not?**
- **Do you think there's a wrong way to talk about your faith with someone? Why do you think so?**
- **How do you think we can start faith conversations that feel natural and authentic (not forced or uncomfortable)?**
- **What is your faith story so far?**
- **This week, what's one habit you want to develop to help you share your faith story? How will you do it?**

ACTIVITY

Work together to draft one-minute versions of your faith stories. That's about 150 words! Write them out and read them to each other, or work on it during the week and text them to each other.

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