AN OLYMPIC-THEMED EVENT FOR YOUR KIDS MINISTRY

The Olympics have started, and we want to give you some *free gold* from Grow!

Okay, it's not gold, but great events are *basically* gold in ministry. So, to help you celebrate the Olympics with your group, we're giving away one of our favorite kids events, *Go For the Gold*, **for free!** Just download the PDF to get your copy.

Inside this event, you'll find everything you need to bring healthy competition, creative problem-solving, and hours of laughter to your kids. We've designed a series of silly sports stations to help your kids work together and win points for their team.

Want a rundown of each event? You'll get activity guides, shopping lists, and more for these events...

- **JAVELIN DARTS:** Kids will try to throw their pool noodle javelins through a giant Hula Hoop dart board.
- **WATER BALLOON ARCHERY:** Water balloons will be the arrows and a balloon launcher the bow in this archery competition.
- **GYMNASTIC FREEZE DANCE:** This game will get kids moving and working on their best stretches and gymnastic poses.
- **BEAN BAG SHOT PUT:** Kids will throw bean bags into a marked area to win points for their teams.
- **JUMP ROPE RELAY:** Teams will work together to complete a series of three jump rope-based challenges at this station.
- **BASKETBALL SHOT CONNECT THREE:** Teams will compete head-to-head to see who can be the first to line up three beach balls horizontally or vertically.
- **TUG-O-CANOE:** Teams will work together to see who can pull the inflatable boat full of volunteers the furthest.
- **DIY SAILBOAT RACE:** Kids will build their own sailboats and then compete to see whose boat can sail the fastest.
- **ALL-PLAY VOLLEYBALL:** With a court divided into as many spaces as you have teams, kids will play a game of seated volleyball to win points for their teams.
- **ALL-PLAY TRIATHLON:** Kids will work in groups of four to try and complete this relay race to win points for their teams.

But the Olympics are about more than just the games. It's the environment and energy that helps it all come to life! Inside this free youth ministry event, you'll also find tips for decorating your space, Olympic-themed giveaways, and themed ideas for snacks and food.

So, if you're ready to show off your Olympic spirit, here's what to do next.

1. **DOWNLOAD YOUR FREE EVENT.** Grab your copy of *Go For the Gold* and take a look at all of the activity guides, graphics, and other resources we've included.
2. **CHOOSE YOUR EVENTS.** Browse through each event and make a list of all the supplies you'll need. *(Pro Tip: You can host Go For the Gold as a single event or pull apart the activities to make it an ongoing competition!)*
3. **COLLECT YOUR DECORATIONS.** Plan out your environment and buy all the decorations you need for your Olympics party.
4. **SET YOUR DATE.** This might be the most important step! Choose your date and let your group know what's happening!
5. **SET A WORLD RECORD.** Play some games and make new memories with your kids!

We can't wait to see how you use *Go For the Gold* in your youth ministry, so be sure to tag @stuffyoucanuse on social media!

Click here to access your free *Go For the Gold* event!



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