



4 DISCIPLESHIP ACTIVITIES

TO HELP YOU GROW YOUR STUDENTS

Our annual discipleship strategy is based on four spiritual habits: **Spending Time with God, Spending Time with Others, Using Your Gifts,** and **Sharing Your Story.** This strategy influences our curriculum and teaching strategy, but it's much bigger than just sermons because, as you've probably realized, even the best sermons in the world aren't quite enough to ensure that teenagers are being disciplined.

WHAT'S IN OUR DISCIPLESHIP STRATEGY

EACH QUARTER

We divided the school year into quarters, then chose one spiritual habit to focus on each quarter.

- **FALL | SPEND TIME WITH OTHERS:** In the fall, we'll focus on the spiritual habit of community when teenagers are beginning a new school year, making new friends, and getting plugged into new small groups.
- **WINTER | USE YOUR GIFTS:** In the winter, we'll focus on the spiritual habit of knowing and using your gifts to serve God and others, when there are lots of service opportunities available.
- **SPRING | SPEND TIME WITH GOD:** In the spring, we'll go deep into the spiritual habit of spending time with God individually through personal spiritual disciplines, when Easter is on the way and the unpredictability of school and the holidays will have leveled off into some stability for your students and your ministry.

- **SUMMER | SHARE YOUR STORY:** In the summer, we'll focus on the spiritual habit of sharing your story while your students prepare for summer mission experiences and a new school year.

EACH ACTIVITY

- **INSTRUCTIONS:** Whether it's a prayer journal, a service project, a small group outing, or large group activity, each activity will come with detailed instructions to help you think through how, and when, to pull it off.
- **PRINTABLE RESOURCES:** We'll design and provide editable versions of any resources you'll need for each activity.
- **AUTHOR BIOS:** Each activity will come with biographies and insight into the author of each spiritual habit activity.