

# WEEK 4

## SMALL GROUP GUIDE



### THIS SERIES

Raise your hand if you've ever wanted to scream, "You're not the boss of me!" (You can also raise your hand if you have, in fact, actually screamed it.) Especially when we're teenagers, we tend to push back on the people, places, and things that control and hold authority over us. But here's the catch: whether we admit it or not, we've all given someone (or something) control of our lives. In this 4-week series, you'll challenge students to consider who, or what, they've allowed to be their boss. Because whether it's **the god of me, the god of stuff, the god of worry, or the god of obsession**, we all know what it's like to have an authority problem.

### THIS WEEK

#### **THE BIG IDEA**

We defeat the god of obsession by shifting our attention.

#### **THE BIBLE**

Matthew 6:21-23; Exodus 20:1-3  
I Corinthians 10:23; Matthew 22:37

- **What's something you're obsessed with? What are your peers obsessed with?**
- **How have you seen someone's obsession be a positive thing? How have you seen an obsession be a negative thing?**
- **What's the difference between a harmless interest and a destructive obsession?**
- **Do you have any obsessions that aren't beneficial to your faith, your relationships, or your future? Would anyone be open to sharing?**
- **If you are obsessed with \_\_\_\_\_, how can you shift your attention from your obsession to Jesus?** Fill in the blank with a series of scenarios that are relevant to your students.
- **This week, what's one obsession you want to work on defeating?**
- **At what point should you ask for help in defeating your obsessions?**
- **How can we help each other defeat those obsessions?**
- **Read Matthew 22:37. How is this command from Jesus relevant to the conversation we've been having this month?**