

WEEK 4

SMALL GROUP GUIDE



THIS SERIES

"We're meant to be." It's how all of our favorite movies, songs, and books talk about love—as if the secret to an amazing relationship is a little bit of destiny, a whole bunch of feelings, and a tiny dash of magic. So it makes sense, when we observe the not-so-perfect, real-life relationships modeled by our friends, parents, and favorite celebrities, that we might start to wonder, "Wait—is *that* how relationships are meant to be?" In this 4-week series, you'll give students a better lens for evaluating their current and future dating relationships as you help them see that the secret to a relationship that's "meant to be" is to **stay close to Jesus, date with purpose, know who you're looking for, and keep sex in the right context.**

THIS WEEK

THE BIG IDEA

Sex can be seriously fulfilling or seriously destructive.

THE BIBLE

Proverbs 3:5-6; Matthew 5:28
1 John 1:9; Proverbs 4:23-27

- **How often do your friends or peers talk about sex? What do they say?**
- **What's one question most people your age have about sex?**
- **Explain the difference between God's plan for sex and the world's approach to sex.**
- **How do you feel about God's plan for sex?**
- **How can sex outside God's design can be destructive physically? Emotionally? Spiritually?**
- **Do you think the consequences of sex outside of God's design are different or the same for guys and girls? Why do you think that?**
- **Read Proverbs 4:23-27. How can you put this passage into practice with sex and dating?**
- **Why do you think it can be so difficult to turn away from sexual sin?**
- **If you need help escaping a sexual sin, what should you do?**
- **What sexual boundaries have you set, or do you need to set, to stay close to Jesus?**
- **Instead of talking about what you *can't* do, let's talk about what you *can* do. Let's brainstorm some fun date ideas together.**