



# WEEK 3

## PRESCHOOL LESSON OUTLINE

**UNBELIEVABLE**  
THE MIRACLES OF JESUS

### **BIG IDEA**

Jesus can provide for our needs.

### **THE BIBLE**

**Jesus Feeds the 5,000:** Matthew 14:13-21

#### THIS WEEK AT A GLANCE

### **WELCOME TIME**

- **ACTIVITY** | Big Foot Hop
- **ACTIVITY** | Pick Up Fish

### **TEACHING TIME**

- **MUSIC** | Worship Time
- **BIBLE STORY** | Matthew 14:13-21
- **ACTIVITY** | God's Footprint Hunt
- **PRAYER**

### **DISCUSSION TIME**

- **DISCUSSION** | Snack and Discussion
- **ACTIVITY** | Circle Time
- **ACTIVITY** | Fish and Loaves Confetti
- **MEMORY VERSE** | John 14:6

### **PLAY TIME**

- **ACTIVITY** | Coloring Page of the Week
- **ACTIVITY** | Play-Doh Blessings
- **ACTIVITY** | Play Food



# WEEK 3

## PRESCHOOL LESSON GUIDE

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### **BIG IDEA**

Jesus can provide for our needs.

### **THE BIBLE**

**Jesus Feeds the 5,000:** Matthew 14:13-21

## **WELCOME TIME**

### **ACTIVITY | Big Foot Hop**

- **Welcome to church! Our series this month is called Unbelievable and we're learning about the unbelievably amazing and true miracles of Jesus!** We've played with unicorns and dragons, and today, we're playing Big Foot games! Does anyone know what a Big Foot is? It's a made up creature that people say lives in the woods and hides from humans, and it is supposed to have giant feet. Let's play a game and pretend we have giant feet.
- **INSTRUCTIONS:** *Print out several copies of the Big Foot Hop footprints and tape them to the floor, about a foot apart. Challenge the kids to hop from footprint to footprint.*
- It's fun to pretend with things that are not real, but the things we're going to learn about in our Bible story today are real. We're going to learn about a really cool miracle Jesus did to feed people when they were hungry.

### **ACTIVITY | Pick Up Fish**

- Now we're going to play another game. Our Bible story is about people eating fish, so let's play a game where we pick up some fish.
- **INSTRUCTIONS:** *Cut a trash bag in half and spread it on the floor, then dump a container of Goldfish crackers on it. Put a bowl on the other side of the room and line the kids up near the bowl. Give each child a Dixie cup and tell them to run across the room one by one and get a cup full of fish, then run back and dump it into the bowl. Keep playing until they fill the bowl with Goldfish.*
- Do you like to eat Goldfish crackers? What about cooked fish? In our Bible story today, we're going to learn about a miracle Jesus did to feed a crowd of people when they were hungry, and one of the things He used to feed the crowd was fish.

## TEACHING TIME

### MUSIC | Worship Time

- **INSTRUCTIONS:** Spend some time singing with your preschoolers. You can sing any songs you'd like, but for this lesson we like, "Praise the Lord Every Day," by Yancy and, "Brave," by Saddleback Kids.

### THE BIG IDEA | Jesus can provide for our needs.

- **INSTRUCTIONS:** Each week, do a big reveal (and make it fun) when you announce the Big Idea, like:
  - Ask the kids to give you a drum-roll by stomping their feet or patting their laps.
  - Shout the Big Idea, then point to the kids and have them shout it back. (Change it up by using funny voices, different volumes, or inflections.)
  - Have a character (either recurring or rotating) come out every week to reveal the Big Idea.
  - Write it on a piece of paper and hide it somewhere in the room. Have the kids go on a "hunt" for it. When it's found, read it out loud.
- This week's Big Idea: **Jesus can provide for our needs.**

### BIBLE STORY | Matthew 14:13-21

- Are you ready to hear the Bible story? I'm excited to share it with you, but first . . . I am so hungry! I forgot to eat breakfast, and now all I can think about is food. **What is your favorite food to eat?** You know what I would like to eat right now? (*Share your favorite food.*) Hopefully I'll be able to get some after church. In our Bible story, we're going to learn about some people who were hungry, and we'll see how Jesus helped them.
- **INSTRUCTIONS:** Look up the story in your Bible and read it to your preschoolers.
- This month we have been learning about the miracles of Jesus. Miracles are things that only God can do. The first week, we learned about Jesus healing a man who was sick, then we learned about Jesus making a storm stop. **What was the miracle in today's Bible story?**
- Hold up a piece of bread and two goldfish crackers.
- **How many people do you think this would feed?** Probably not very many. Jesus took five loaves of bread and two fish that he got from a little boy who shared his food, and Jesus multiplied it to be enough to feed over 5,000 people. What an amazing miracle!
- Jesus knew just what the people needed, and He provided it for them.
- When you eat your food this week, you can thank Jesus for providing you with food. **Everything good that you have is from God!**

### ACTIVITY | God's Footprint Hunt

- That was a great Bible story where we learned about an unbelievable miracle! Now, let's play a game to help us remember that Jesus provides for us too.
- **INSTRUCTIONS:** Hide a bunch of paper footprints all around the room. If you don't have good hiding places, you can just scatter them all on the floor.
- Speaking of unbelievable things . . . remember we talked about Big Foot, the made up creature that people like to try and find? When people are going on a Bigfoot hunt, the first clue they look for are footprints.

- Imagine if you were walking through the forest and you saw a footprint that was really big—like ten times bigger than your feet! Would you be scared?
- Footprints show us that something was there before us. When you see footprints in the snow, you can tell if an animal has been there.
- We can look for “footprints” or things to remind us that God loves us and provides for us. We’re going to go on a footprint hunt. You will have one minute to find as many footprints as you can find. Then, we will think about the ways God has provided for us and blessed us.
- *Let the kids hunt for footprints. When they find them, you can have them share something God has provided for them for every footprint they found, or you can have older kids draw on the footprints things that God has given them.*

**NOTE: Save 4-5 footprints for next week’s activity.**

### PRAYER

- **We listed a lot of ways God has blessed us and provided for us!** Let’s pray and thank God.
- Dear God, thank you for all the blessings you have given us and all the things you have provided for us. We love you, amen.

## DISCUSSION TIME

### DISCUSSION | Snack and Discussion

- **INSTRUCTIONS:** *Pass out a snack (you could do Goldfish crackers and bread) to all of your preschoolers and ask them to sit and listen while they eat. Your discussion will be more effective when they’re busy sitting and snacking!*
- **How many people were out in the dessert?** *(Over 5,000 people.)*
- **What were all the people doing?** *(Listening to Jesus teach and watching Him heal people.)*
- **What did Jesus do when the people were hungry?** *(He took five loaves of bread and two fish, and used it to feed the crowd.)*
- **How many baskets of leftovers did the disciples collect when everyone was done eating?** *(12 baskets full.)*

### ACTIVITY | Circle Time

- **INSTRUCTIONS:** *Tell the kids to sit in a circle and pass out a piece of bread and a toy fish. Let them pass them around the circle until you say “Stop,” then whoever is holding a piece of bread or a fish will answer a question. Play multiple rounds.*
  - **Have you ever missed a meal and been really hungry?**
  - **How do you think the little boy felt when he shared his meal, and saw that Jesus used it to feed the whole crowd?**
  - **What has God provided for you in your life?**
  - **What is something you need that you want God to provide for you?**
  - **How can you thank God for providing for you?**

**ACTIVITY | Fish and Loaves Confetti**

- **INSTRUCTIONS:** *Print out the Fish and Loaves Confetti printable.*
- **How many pieces of bread do you see on this paper?** Let's count them together. (*Count five loaves of bread.*) **How many pieces of fish do you see?** Let's count the fish. (*Count two.*) **Do you think we can make it enough to pretend feed this entire class? What about our entire church?** (If you happen to have more than 5,000 people in your church, you can use another example.) God multiplied five loaves of bread and two fish to make it enough to feed more people than our entire church! Isn't that unbelievable?
- Let's break this apart and see how many pieces we can make.
- *Pass the paper around the class and let each kid tear off one small piece. If they tear off too big of a piece, that's fine – just use that for the next kid.*
- **We made a lot of pieces, but it still wouldn't be enough to feed 5,000 people. That would take a miracle! Jesus did an amazing miracle when He fed that many people.**

**MEMORY VERSE | John 14:6**

- **INSTRUCTIONS:** *Check out the Memory Verse Guide in your Programming Folder for ideas on how to help your preschoolers memorize Bible verses. Here are the hand motions for this month's memory verse . . .*

**I AM THE WAY** (hold one arm out to the side),  
**THE TRUTH** (hold the other arm out to the side),  
**AND THE LIFE** (point both arms up).  
**NO ONE COMES TO THE FATHER** (shake one finger)  
**EXCEPT THROUGH ME** (point up).

**PLAY TIME**

*While you're waiting for parents to pick up their kids . . .*

**ACTIVITY | Coloring Page of the Week**

- **INSTRUCTIONS:** *Give every kid a Coloring Page, plus markers or crayons. As they color, remind them how Jesus provides for us..*

**ACTIVITY | Play-Doh Blessings**

- **INSTRUCTIONS:** *Let the kids play with Play-Doh and tell them to make things God has provided for them and things they are thankful for. Examples: food, their church, their pet, their toys, their family.*

**ACTIVITY | Play Food**

- **INSTRUCTIONS:** *Give your preschoolers some play food and utensils and tell them to pretend to make their favorite meals and pretend to serve and eat it. Remind them about the meal Jesus provided for His disciples and how everything good we have comes from Jesus.*

**Encourage your preschoolers to help clean up the room while they wait for their parents.**