



# WEEK 4

## ELEMENTARY LESSON OUTLINE



### **BIG IDEA**

We can obey God by turning away from sin.

### **THE BIBLE**

**God Saves Lot:** Genesis 18:16-21, 19:1-3, 12-26  
(I John 3:9; James 4:7)

### THIS WEEK AT A GLANCE

## LARGE GROUP TIME

- **ACTIVITY** | Making Oobleck
- **ACTIVITY** | Creamed
- **QUESTION** | What is the biggest mess you've ever had to clean up?
- **OBJECT LESSON** | Messy Hands
- **THE BIG IDEA** | We can obey God by turning away from sin.
- **BIBLE STORY** | Genesis 18:16-21; 19:1-3, 12-26
- **ACTIVITY** | Salty Pictures
- **STORY** | Share about a time when you learned from your mistakes.
- **ACTIVITY** | What's Wrong?
- **OBJECT LESSON** | Erasable Sin
- **SCRIPTURE** | I John 3:9
- **ACTIVITY** | Holy Spirit Help
- **OBJECT LESSON** | Double Dog Dare Challenge
- **TALK** | RECAP OF THE MONTH
- **MEMORY VERSES** | Titus 3:5; Deuteronomy 6:5

## SMALL GROUP TIME

- **DISCUSSION**
  - How did God show His love for us?
  - What characteristics of God do you see in our Bible story today?
  - How did Lot choose to turn away from sin?
  - How does choosing not to sin show obedience to God?
  - What can you do when you are tempted or struggling with sin?
- **SCRIPTURE** | James 4:7
- **ACTIVITY** | Submit and Resist
- **MEMORY VERSES** | Titus 3:5; Deuteronomy 6:5



# WEEK 4

## ELEMENTARY LESSON GUIDE



### **BIG IDEA**

We can obey God by turning away from sin.

### **THE BIBLE**

**God Saves Lot:** Genesis 18:16-21, 19:1-3, 12-26  
(1 John 3:9; James 4:7)

## **LARGE GROUP TIME**

**WHAT?** *What are we talking about today?*

### **ACTIVITY | Making Oobleck**

- Welcome! It's our last week of our series Double Dog Dare! Today we're be talking about something messy! So let's start by making our own messy slime!
- **INSTRUCTIONS:** *Make a sample oobleck, a liquid mixture of cornstarch and water that turns more solid when force is applied to it, for kids to see when they arrive. Cover a table with a plastic table cloth for easy cleanup. Fill a few cups with water, adding a different food coloring to each one. Give each kid a bowl and pour a small amount of cornstarch into their bowl. Pour a small amount of colored water of their choice into their bowl. Have kids use a craft stick or spoon to stir the mixture. Continue adding small amounts of water until oobleck forms. If their mixture is too watery, mix in additional cornstarch in small amounts until they can form a ball with the mixture. If their mixture is too thick, mix in additional water in small amounts until the mixture is runny when picked up. Let them play with their oobleck, then keep it by transferring it to a zip bag to take home. Have kids wash their hands after making oobleck.*
- **FOR KIDS WITH SPECIAL NEEDS:** *Offer a pair of latex-free gloves to a child who may want to participate, but does not feel comfortable having direct skin contact with the oobleck. A child with fine motor needs may require assistance with stirring the oobleck, and getting the mixture to a good consistency.*

**ACTIVITY | Creamed**

- Speaking of things that are messy, let's play a Double Dog Dare challenge where we might get messy!
- **INSTRUCTIONS:** Cover table with table cloth, and set out four plastic bowls and paper plates. Place ten gummy bears at the bottom of each bowl, then fill the bowl with a mound of whipped cream. Make ponchos by cutting arm and head holes in garbage bags. Choose four kids to play, give them ponchos to wear, and have them each stand in front of a bowl. Tell them that the first one to transfer all 10 gummy bears from their bowl to their plate is the winner. Then reveal the Double Dog Dare challenge: They can only use their face and mouth to get the gummy bears. You can give them goggles to wear for the challenge. Get your paper towels ready for cleanup!
- Today's game got really messy, and, in our lesson today, we're going to see just how messy things can get with sin.

**QUESTION | What is the biggest mess you've ever had to clean up?**

- **What is the biggest mess you've ever had to clean up? Did you have help cleaning it? Was it fun to clean up?**
- Sin is messy, but thankfully God doesn't expect us to clean it up on our own. Today we are going to learn about how God helps us clean up our sin.

**SO WHAT?** *Why does it matter to God and to us?*

**OBJECT LESSON | Messy Hands**

- **INSTRUCTIONS:** Place some paint, syrup or chocolate syrup, cereal and water into separate bowl or pie tins, making sure there is enough in each bowl to cover a hand. Dip your hand into the paint, then into the chocolate syrup. Talk to the kids about sin. Then dip your hand into the cereal and try to shake or wipe it on the edge of one of the bowls to get the sticky stuff off. Talk to the kids about how God helps us with our sin. Then wash your hand in the water bowl.
- Today, we're going to learn about how we can obey God by choosing not to sin. We learned in our series last month that sin entered the world when Adam and Eve chose to disobey God.
- Ever since then, the Bible tells us that people were born with sin. They lived lives for themselves and disobeyed God.
- We were born with sin, too. We tell lies, talk badly behind someone's back, do something we were told not to do, and we can be very selfish and only think about ourselves. Things get pretty messy because of sin!
- The crazy thing about sin is that we can't get it off by ourselves. We can try to be good people and do the right thing, but in the end, we can't cleanse ourselves from sin.
- Now, the crazy and awesome thing about God is that He doesn't leave it to us to try to clean ourselves. Because of His love and mercy, He chose to send Jesus to take all our sin with Him when He died on the cross. Because of that act of love, God made it possible for us to receive forgiveness for our sin. When we ask for forgiveness, God is faithful to cleanse us from the mess.
- Today, we're going to hear a story about how God shows mercy to a man named Lot, and how Lot obeyed and chose not to sin.

**THE BIG IDEA | We can obey God by turning away from sin.**

- **INSTRUCTIONS:** *Each week, do a big reveal (and make it fun) when you announce the Big Idea, like:*
  - Ask the kids to give you a drumroll by stomping their feet or patting their laps.
  - Shout the Big Idea, then point to the kids and have them shout it back. (Change it up by using funny voices, different volumes, or inflections).
  - Have a character (either recurring or rotating) come out every week to reveal the Big Idea.
  - Write it on a piece of paper and hide it somewhere in the room. Have the kids go on a “hunt” for it. When it’s found, ask someone to come up and read it.
- This week’s Big Idea: **We can obey God by turning away from sin.**

**BIBLE STORY | Genesis 18:16-21; 19:1-3, 12-26**

- During our story, you’re going to work on a project that we can use later to help us remember this lesson. Listen while you’re coloring!
- **INSTRUCTIONS:** *Print the Bible Story printable and give one to each child, along with crayons. Tell them to color the word OBEY as you’re reading the Bible story. Look up the story in your Bible and encourage kids to do the same. Read it! NOTE: Pay attention to the references included, because not all parts of this Bible story are age appropriate.*
- **FOR PRETEENS:** *See your weekly instructions for a cool activity to help preteens understand the Bible story.*
- Lot and his family were living in the city of Sodom and Gomorrah, where all the people lived in sin and disobeyed God.
- **Did Lot live in sin?** No! He and his family followed God. When the people of the city were so bad that God decided to destroy the city, He sent angels to warn Lot and his family and to tell them to escape before God destroyed it.
- God showed Lot and his family mercy by saving him from being destroyed with the rest of the cities. Lot made a choice not to sin, and he obeyed when he was told to leave town and not look back.
- **Do you know what the word mercy means?** It means you show someone compassion and forgiveness instead of punishment. **Did God show Lot mercy?** Yes!
- **How does God show us mercy?** God showed us mercy when He sent Jesus to save us from our sin, because He loves us so much.
- Lot and his family ran from the sinful cities. When we are faced with sin, we can do the right thing. We can choose to follow God and run from sin because we love Him so much and want to live for Him.

**ACTIVITY | Salty Pictures**

- **INSTRUCTIONS:** *Give the kids glue, and have them cover their OBEY letters with glue, then sprinkle salt over it.*
- **FOR KIDS WITH SPECIAL NEEDS:** *A child who has difficulty with fine motor skills and dexterity may benefit from using a glue stick rather than a bottle of glue. Offer hand-over hand assistance with swiping the glue and pouring the salt.*
- **What crazy thing happened to Lot’s wife when she looked back at the cities as they were escaping?** That’s right, she turned into a pillar of salt!

- **Why do you think God didn't want Lot and his family to look back?**
- When we turn from sin, we should focus on God, and not on the sin.

**STORY | Share about a time when you learned from your mistakes.**

- **INSTRUCTIONS:** *Share, or ask another leader to share, about a time when you made the wrong choice as a child and did something you shouldn't have. Share how God showed you mercy, what you learned from it, and how you lived differently after it.*

**ACTIVITY | What's Wrong?**

- **INSTRUCTIONS:** *Put the What's Wrong image on the screen or print it out and give one copy to every small group of kids. Give them one minute to see if they can find ten things wrong with it. You can give them paper and pens or have them name things out loud.*
- **FOR PRETEENS:** *Play a fun game with them to help them understand that God helps us when we get wrapped up in sin! See your weekly instructions for details.*
- It was easy for us to point out what was wrong in the picture, and it's easy for God to see the sin in people's lives. But instead of punishing us for our sin, God chose to send Jesus to die for our sin so that we could choose a relationship with God and choose not to sin.

**NOW WHAT? What does God want us to do about it?**

**OBJECT LESSON | Erasable Sin**

- **INSTRUCTIONS:** *Write the word "Sin" on the white board using the permanent marker. As you talk, try and erase the word using the eraser and show the kids no matter how hard you scrub it won't come off. You can even let them try and erase it. Then take the white board marker and trace over the word sin. You will be able to erase the word with the regular eraser.*
- Sin is messy, and as hard as we try, we can't get rid of it or clean it up on our own.
- God loves us so much that he sent Jesus to take the punishment for our sins.
- The Bible says that when we confess our sins, Jesus will take the place of our sins, and God will forgive us and make us clean.

**SCRIPTURE | 1 John 3:9**

- **INSTRUCTIONS:** *Look up the verse and read it!*
- **What do you think it means to be born of God?**
- When this verse says that we "cannot go on sinning," it's saying that we choose to let God rule in our lives instead of letting sin rule our lives.
- God gives us His Holy Spirit to live with us. The Holy Spirit helps have power over sin. He helps us be strong against temptation and empowers us to live for God.

**ACTIVITY | Holy Spirit Help**

- **INSTRUCTIONS:** *Pour 1/4 cup of vinegar in a bowl. Give each kid a cotton swab and a dirty penny. Have them dip the cotton swab in the vinegar and start cleaning the pennies. Add one teaspoon of salt to the vinegar, and stir until dissolved. Have the kids put their pennies in the vinegar and salt solution for a few seconds and then use their cotton swabs to clean them off.*

- Sometimes it is really hard to obey and God and choose not to sin. Thankfully God has given us the Holy Spirit.
- The salt is like the Holy Spirit. Obeying and choosing not to sin on our own can be hard. But it can be done with the help of the Holy Spirit.
- Take your penny home as a reminder that the Holy Spirit is always with you and will help you follow God.

### OBJECT LESSON | Double Dog Dare Challenge

- **INSTRUCTIONS:** *Print the Double Dog Dare Challenge for Week 4 and pass them out to all the kids.*
- It's time for our Double Dog Dare Challenge of the week! I dare you to **clean up a mess** for someone else! It could be another group of kids who made a mess at lunch, your brother's messy room, the dinner table for your parents, or any other mess you can think of.

### TALK | RECAP OF THE MONTH

- We've had four weeks of fun dares and challenges! After all these great Bible stories, we hope you're ready to dare to live for God, even when it's challenging! He will honor you for your obedience.
  - We learned that **we can obey God, even when others don't**, just like Noah when he built the ark.
  - In the story of the tower of Babel, we learned the importance of **choosing to put God first**.
  - In the story of Abraham leaving his home to follow God, we learned that **we can obey God even when we don't understand**.
  - And today, we learned that **we can obey God by choosing to turn from sin**, like Lot when he escaped the sinful cities.
- We learned so much this month! I hope you had fun with all the dares and challenges! Now, I dare you to obey God!
- **FOR KIDS WITH SPECIAL NEEDS:** *Provide visual supports for these students, so they can have concrete representations and reminders of Noah, Abraham, the Tower of Babel, and choosing God instead of sin.*

### MEMORY VERSES | Titus 3:5; Deuteronomy 6:5

- **INSTRUCTIONS:** *Give every kid memory verse magnets or stickers. Then work on the memory verse together. For ideas on how to do this well, check out the Memory Verse Guide in your Programming folder and give them to your small group leaders, if you'd like.*

## SMALL GROUP TIME

### DISCUSSION

- **How did God show His love for us?** *(God sent Jesus to die in our place for our sin.)*
- **What characteristics of God do you see in our Bible story today?**
- **How did Lot choose to turn away from sin?** *(He obeyed God by leaving the city and not looking back.)*
- **How does choosing not to sin show obedience to God?**
- **What can you do when you are tempted or struggling with sin?**

**SCRIPTURE | James 4:7**

- **INSTRUCTIONS:** Look up the verses in your Bible and encourage kids to do the same. Read them!
- **What does it mean to submit to God?**
- **How can we submit ourselves to God?**
- **What can you do if you're tempted to sin?**

**ACTIVITY | Submit and Resist**

- **INSTRUCTIONS:** Place two magnets on the table about six inches apart with the north poles facing each other. Designate one magnet as "God" and the other magnet as "Sin." Designate the third magnet as "Us," and place it in the middle so that the south pole is facing "Sin." Slowly move "Us" towards "Sin" until it connects with it and demonstrate how the north pole of "God" is repelled by "Us." Let the kids play with the magnets and try to reenact the experiment. Disconnect "Us" from "Sin" and turn it around so its south pole faces "God." Move "Sin" towards "Us," which should push "Us" toward "God."
- When we choose to sin, we are resisting God and pulling away from Him.
- When we turn our lives around and choose to say no to sin and resist the temptation to sin, we become closer with God!

**MEMORY VERSES | Titus 3:5; Deuteronomy 6:5**

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