



WEEK 2

PRESCHOOL LESSON OUTLINE



BIG IDEA

God gives people to guide us.

THE BIBLE

John the Baptist is Born:
Luke 1:5-25; 57-80

THIS WEEK AT A GLANCE

WELCOME TIME

- **ACTIVITY** | In and Out
- **ACTIVITY** | Guess the Name

TEACHING TIME

- **MUSIC** | Worship Time
- **THE BIG IDEA** | God gives people to guide us.
- **BIBLE STORY** | Luke 1:5-25, 57-80
- **ACTIVITY** | Dance of Joy
- **PRAYER**

DISCUSSION TIME

- **DISCUSSION** | Snack and Discussion
- **ACTIVITY** | Circle Time
- **ACTIVITY** | Christmas Charades
- **MEMORY VERSE** | John 3:16

PLAY TIME

- **ACTIVITY** | Coloring Page of the Week
- **ACTIVITY** | Color Run
- **ACTIVITY** | Star Stickers



WEEK 2

PRESCHOOL LESSON GUIDE



BIG IDEA

God gives people to guide us.

THE BIBLE

John the Baptist is Born:
Luke 1:5-25; 57-80

WELCOME TIME

ACTIVITY | In and Out

- Welcome back to church! In this series, we are learning about the ways that God will guide us when we follow Him!
- **INSTRUCTIONS:** Use a small play parachute or a large sheet and have all the kids hold onto an edge. Hold the parachute up high with the kids. Then tell them to run into the middle and then run out to the edges. Each time the kids run out, help them hold the parachute or sheet again and drop it to the ground. Tell them to be loud and yell as they are going into the parachute, and to be silent as they come out. Once they are outside the parachute, they can't talk or make any noise until the game is over.
- **Was is more fun to run inside or to run outside?** Was it hard to be silent when you got out? We're going to hear a story about someone who went into a Temple and came out not being able to speak or make a sound!

ACTIVITY | Guess the Name

- An angel talked to Zechariah and told him some good news, and part of that news was the name of his baby. He had to tell everyone the child's name without talking. Let's play a game where we try to guess names without talking.
- **INSTRUCTIONS:** Have every kid choose a new name to pretend is their name. It can be someone else from the class, or someone famous from a TV show they like. Then tell them to act like that person, without talking, and let the other kids try to guess the name they are acting out.

TEACHING TIME

MUSIC | Worship Time

- **INSTRUCTIONS:** Spend some time singing with your preschoolers. You can sing any songs you'd like, but for this lesson we like, "Joy to the World" by Cedarwood Kids and "John 3:16" by Seeds Family Worship

THE BIG IDEA | God gives people to guide us.

- **INSTRUCTIONS:** Each week, do a big reveal (and make it fun) when you announce the Big Idea, like:
- Ask the kids to give you a drum-roll by stomping their feet or patting their laps.
- Shout the Big Idea, then point to the kids and have them shout it back. (Change it up by using funny voices, different volumes, or inflections.)
- Have a character (either recurring or rotating) come out every week to reveal the Big Idea.
- Write it on a piece of paper and hide it somewhere in the room. Have the kids go on a "hunt" for it. When it's found, ask someone to come up and read it.
- This week's Big Idea: **God gives people to guide us.**

BIBLE STORY | Luke 1:5-25, 57-80

- **INSTRUCTIONS:** Look up the story in your Bible and read it to your preschoolers.
- An angel met Zechariah in the temple and told him they would have a special baby. This was great news! Zechariah and his wife, Elizabeth, were old and didn't have any children.
- Zechariah was surprised by this news. He was so surprised that he didn't even believe the news!
Has someone ever told you something that seemed unbelievable? When he didn't believe what the angel said, the angel made Zechariah lose his ability to talk.
- **Could you imagine how it would feel if you couldn't talk?** Let's try it and pretend for the rest of this Bible story time that we can't talk. Try to answer my questions without speaking.
- **What did the angel say the baby's name would be?** The angel told Zechariah the baby's name would be John and that this baby would grow up to tell people about Jesus and lead people to Jesus.
- God gives people like John to guide us and lead us to Jesus.

ACTIVITY | Dance of Joy

- When Elizabeth found out that she was going to have a baby, she was very happy. We can do a happy dance to show that we are happy.
- **INSTRUCTIONS:** Play upbeat worship music and have a dance party. Tell the kids that when you pause the music, they have to freeze and shout "I'm so happy!" Pause the music periodically while they are dancing.
- **Does dancing make you happy?**
- **Do you think Elizabeth and Zechariah were so happy when they found out they would have a baby?**
- **What makes you happy?**

PRAYER

- Let's spend time talking with God in prayer.
- Dear God, we are so glad you give us people to guide us. Thank you for people who help guide us to Jesus. Amen.

DISCUSSION TIME**DISCUSSION | Snack and Discussion**

- **INSTRUCTIONS:** Pass out a snack to all of your preschoolers and ask them to sit and listen while they eat. Your discussion will be more effective when they're busy sitting and snacking!
- **Who was the priest in our story?** (Zechariah.)
- **Was Zechariah surprised that they would have a baby?** (Yes.)
- **Who told him about the baby?** (An angel.)
- **What was the baby's name?** (John.)
- **What happened when Zechariah didn't believe the angel?** (He couldn't talk.)

ACTIVITY | Circle Time

- **INSTRUCTIONS:** Have the kids join you in a circle on the floor. Have them go around the circle and say the name of the person to their right. Then go around the circle again and have them each say the name of the person to their left. For older kids, have them switch places and play again with a new order.
- We played a game where you had to remember other people's names. In the story we heard today, there was some confusion about what the new baby's name would be.
- **What did some people want to name the baby?** They wanted to name him Zechariah, after his father. **Why do you think it was so important for him to be named John?**
- **Why did God send John?** To guide people to Jesus!

ACTIVITY | Christmas Charades

- In our story, Zechariah couldn't speak for a whole year, and had to act out what he wanted people to know.
- Our series this month is about stars and lights, which we see a lot of around this time of year! We might see Christmas lights or decorations. Let's see how well you can get people to act out some Christmas items without talking, and get people to guess them.
- **INSTRUCTIONS:** Call up one kid and whisper a phrase in their ear, then have them act it out without talking to try and get the kids to guess what it is. For younger kids, you can act it out or have them all act it out with you.
 - The star on top of a Christmas tree
 - Wreath on a door
 - Christmas lights on a house
 - Ornaments on a tree
 - A snowman
- **How did Zechariah tell people what his son's name would be when he couldn't talk?** He wrote it on a tablet.

MEMORY VERSE | John 3:16

- **INSTRUCTIONS:** Check out the Memory Verse Guide in your Programming Folder for ideas on how to help your preschoolers memorize Bible verses. Here are the hand motions for this month's memory verse . . .

GOD (point up to the sky)

SO LOVED (hug yourself)

THE WORLD (spread arms out in a big circle)

THAT HE GAVE (open hands as if giving a gift)

HIS ONLY SON (pretend to rock a baby in your arms).

PLAY TIME

While you're waiting for parents to pick up their kids . . .

ACTIVITY | Coloring Page of the Week

- **INSTRUCTIONS:** Give every kid a Coloring Page, plus markers or crayons. As they color, remind them people can guide us to Jesus.

ACTIVITY | Color Run

- **INSTRUCTIONS:** Provide red, yellow, and blue sheets of paper and tape one color in each corner of the room. Tell the kids you will shout out a color and they need to run to that color.
- In our game, you had to listen to someone tell you which color to run to. It's important to listen to people who help us know about Jesus. **Who helps you know about Jesus?** God gives us people to guide us.

ACTIVITY | Star Stickers

- **INSTRUCTIONS:** Give the kids star stickers in a variety of shapes and colors. Let the kids stick their stickers onto a piece of paper. Let them take their pictures home.

Encourage your preschoolers to help clean up the room while they wait for their parents.