



Have you ever had to follow a rule that made absolutely no sense to you? Maybe it was a rule about what you could or couldn't wear, where you could or couldn't go, or who you could or couldn't spend time with. When some people think about God, that is what they think about — a list of rules miles long that don't seem important or relevant to their lives. But said there are only two rules that matter most: love God and love others as you love yourself. In this 4-week series in the book of James, we'll discover that **the right rules can set you free** — and that **free people don't dance with danger**, **make decisions that benefit others**, and **give up their freedoms for others**.

## THIS WEEK

## THE BIG IDEA

Free people make decisions that benefit others.

## THE BIBLE

Matthew 22:37-40; James 2:12-13; Acts 15; Mark 10:45

- If you were king or queen for a day, what would you do? Which rules would you want to make or break right away?
- What was the easiest decision you made today? What was the most difficult?
- Have you ever been in charge of anything? What kinds of decisions did you have to make?
- When's the last time you disagreed with someone about a decision that needed to be made? Tell us about it!
- What's an example of a selfish decision you could make? What about a selfless one?
- Can you think of a time when someone made a decision that benefitted you instead of themselves? What do you think we can learn from them?
- Read Mark 10:45. What's one decision Jesus made that benefitted us? Why do you think He did it?
- What's one way you have power or influence over others?
- What's one way you could use your power or influence to benefit yourself? What about someone else?
- This week, what's one way you're going to make decisions that benefit others instead of yourself?