

WEEK 1

SMALL GROUP GUIDE

ANTHEM

When you hear the word "worship," you might think of a church building, a choir, your favorite worship song, or maybe a special tradition. Worship takes a lot of forms, but sometimes we make the mistake of thinking worship is something it's not – or, at least, something much smaller than what it really is. You can worship through song and meaningful traditions, but when's the last time you worshiped by going outside? Or cleaning up your neighborhood? Or making a friend? Or telling God you're angry? In this 4-week series, we'll explore the book of Psalms (worship songs to God) as we discover that worship might be bigger than we ever imagined. Maybe worship isn't just an anthem we sing, but an anthem we live, by worshiping **with all of creation**, worshiping to **remember what God has done**, worshiping **even when it's difficult**, and worshiping together because **we're God's family**.

THIS WEEK

THE BIG IDEA

We worship with all of creation.

THE BIBLE

Psalm 8:1-4, 19:1-6, 139:1-7 and 13-18,
95:3-7a; Genesis 1:26; Romans 1:20

- **Would you rather never go outside again or never listen to music again, and why?**
- **Have you ever felt moved/inspired by something beautiful, like music, art, or nature? What moved you/how?**
- **Why do you think beautiful things can help us feel more connected to God?**
- **What's something beautiful about the way God created you? It's okay – you can brag a little!**
- **What do you think it means to be made in the image of God?**
- **Read Romans 1:20. What are some of the things God's creation reveals about who God is?**
- **Which part of creation most reflects God's image to you? What's one way that aspect of creation can help you worship and connect with God?**
- **Think about a time when it was easy for you to worship. Is there a specific place, situation, or time of day that helps you connect with God?**
- **What kind of help or support do you think you need to help you worship God more often?**
- **This week, what's one specific way you're going to worship God? Tell us when, where, and how!**

ACTIVITY

Make a plan to worship God as a group in a unique way this week! Maybe it's a creative group activity like writing a poem or song, or going on a hike in nature, or an act of service like helping someone in need or cleaning up a local park from litter.