

WEEK 5

SMALL GROUP GUIDE



If you've ever gone hiking before, especially in the winter, you know that "breaking trail" is something you do when you encounter deep snow that's tough to navigate. When that happens, one hiker usually goes ahead of their group and clears the way so others can follow behind more easily. A trail-breaker is someone who goes ahead, who makes a new way, and who invites others to follow along behind them. In so many ways, that's exactly what Jesus did for us. He broke a new trail just by existing, but he did so much more than that too. In this 6-week Easter series, we'll read the stories of Jesus breaking new trails as we discover that **Jesus never gives up on us, understands our pain, shows us love, is alive, can be trusted, and gives us a mission.**

THIS WEEK

THE BIG IDEA

Jesus can be trusted.

THE BIBLE

John 20:19-31; Proverbs 3:5-6;
Philippians 4:4-6

- **Who's one famous person you'd trust with one of your biggest secrets? Why do you trust them?**
- **How can you tell if someone is trustworthy?**
- **What are some reasons why people might struggle to trust God?**
- **Can you relate to Thomas and his doubts? Why or why not?**
- **When Thomas had doubts about Jesus, how did Jesus treat him? What does this tell us about our doubts?**
- **How does Jesus show us God is trustworthy?**
- **Have you ever had an experience that showed you God could be trusted? If so, what happened?**
- **Read Philippians 4:4-6. What's causing you anxiety right now? How can you trust Jesus with that situation?**
- **What are some practical steps we can take to grow our trust in God?**
- **If it's true Jesus can be trusted, what's one thing you can do this week to respond to that truth?**