

OVERVIEW

When planning your year, we always recommend you start with your discipleship strategy. That's because **spiritual growth should be the lens through which we see everything else we do in our ministries**. We believe there are four spiritual habits that help teenagers (and adults, too) grow closer to God. These four habits aren't anything new. They've been talked about countless ways, by countless numbers of people. Your church is probably already talking about them in your own unique way, so feel free to change the language to fit your context if you need to. The words aren't important, but here's what is: if these four spiritual habits are the behaviors that help teenagers grow closer to God, **we need a strategy to help teenagers engage in these four spiritual habits on a regular basis, year after year**.



SPEND TIME WITH GOD

If we want to grow spiritually, we need to spend time growing in relationship with God through personal times of prayer, reading Scripture, reflection, and worship.



USE YOUR GIFTS

If we want to grow spiritually, we need to understand how God uniquely made us and then use those unique qualities to love God, love others, and impact the world around us.



SPEND TIME WITH OTHERS

If we want to grow spiritually, we need to be engaged in healthy community and godly relationships with others — with people who share our beliefs, as well as with people who don't.



SHARE YOUR STORY

If we want to grow spiritually, we need to make faith a regular, everyday, go-to topic of conversation as we learn to connect our stories with God's story and then share our stories with others.

WHAT WE'VE PROVIDED

Since there are four spiritual habits we've identified as key to a teenager's spiritual growth, **Grow Students breaks the year into four quarters and focuses on one spiritual habit each quarter**. Each quarter, we provide you with one discipleship activity for that quarter's habit. While every activity we provide in our Discipleship Strategy is unique, every quarter of resources includes resources like ...



INSTRUCTIONS

- An **activity guide** for you, the ministry leader
- **Editable instructions** for your volunteers
- **Shopping lists**



GRAPHICS

- **Editable graphics** for each activity
- **Title images** in multiple formats and sizes
- **Background images** in multiple formats and sizes
- Additional **social media or screen graphics**

+ MORE RESOURCES

Editable resources for students, like handouts, workbooks, and more

Printable posters for each spiritual habit
The [Grow Habits App](#) to help students develop more consistent spiritual habits

Daily devotionals for students for each series on The Bible App and in print

Volunteer devotionals for each teaching series

THIS YEAR IN GROW

Although we always focus on each spiritual habit at the same time every year, **how we practice these spiritual habits changes every year.** This year here's what you'll get with Grow Students . . .

FALL



Because we always focus on the spiritual habit of **spending time with others** during the fall quarter, this year, we've created the **Small Group Party Kits** to help teenagers have fun and grow their relationships within their small groups.

WINTER



To focus on the spiritual habit of **using your gifts** during the winter quarter, this year, we're providing an event called **Spiritual Gifts Assessment** to help teenagers begin to explore the gifts God has given to them.

SPRING



For the spring quarter, when we always focus on the spiritual habit of **spending time with God**, we've created a discipleship activity called the **Bible Journaling Pages** to help teenagers learn new ways to pray and connect with God on a daily basis.

SUMMER



With a focus on the spiritual habit of **sharing your story** during the summer quarter, this year, we're providing an activity called the **What If Project** to help teenagers partner with local organizations and use their creativity to reflect on how they can share their stories daily.